

## FAQs

### What sort of people come on The Coach House?

Coaches, consultants, yoga instructors, Chief Executives, HR Directors and the list goes on. We welcome anyone wanting to learn about the world of coaching. You may be a manager who already uses coaching but wants to get more from it, or a director who has been coached and now wants to do it yourself, or you may already work in HR/ Learning & Development and want a coaching qualification to include as part of your offering.

### Is there homework?

Yes! After each session you are likely to be asked to read from one of our programme texts, prepare an exercise or complete a questionnaire. In addition we ask you to journal your learning and to complete coaching logs for the people you practice with. As this programme is accredited by the Association for Coaching there is a requirement of 40 hours self-study across the six month programme.

### How much coaching practice is there?

You will practise coaching in each module and in addition you will need to find two or three people to coach to meet the required 20 hours of coaching practice. You will get more information in module 1 and we are happy to help you find coaching partners.

### Will I get supervision?

Alongside feedback from your practice sessions in each module you will be assigned a supervisor who will provide two sessions of one-to-one supervision during the programme via video conference or phone.



### What qualification will I get at the end?

Having completed and passed all modules you will receive a Certificate in Coaching accredited by the Association for Coaching. This allows you to demonstrate to your clients or employer that you have had professional training. It provides you with the foundation to undertake personal accreditation at more advanced levels Accreditation at the AC: [www.associationforcoaching.com/page/AccreditationPage](http://www.associationforcoaching.com/page/AccreditationPage).

### How will I be assessed?

You will be asked to complete and submit the following approximately one month after completion of module 6:

- your personal learning log
- evidence and logs from your external coaching practice
- a written assignment (a paper outlining your coaching approach of approx. 1000 words – you will receive a brief and there will be a discussion during the end of the programme to help you prepare for this)
- you need to have completed two supervision phone calls

### How does this course compare to other courses?

When comparing courses during your search consider how you learn best, what you need in terms of a qualification and the types of people who you would like to learn with and meet. This course is designed for those who enjoy small group work, applied theory and a relatively short path to an accredited qualification.

### Can I actually coach people after the course has finished?

Yes, we encourage this from the start of the programme.

### What if I can't make all the modules?

If you aren't able to make one of the modules we allow you to join the next cohort, however there is a charge of £100 ex VAT per module missed to cover the additional venue and administration costs. You cannot graduate from the programme until you have completed all the modules.